



### IMPORTANT NOTE

These instructions are only general guidelines and may be altered by the fitting specialist according to each individual's needs or the specifications of the prescribing physician.

### ORTHOSIS APPLICATION INSTRUCTIONS

#### STEP 1: ADJUST HORIZONTAL BARS

- A. Loosen the four Allen screws on the horizontal bars.
- B. Position the orthosis on the patient so that the Horizontal Assembly is located approximately 3" below the xiphoid process.
- C. Slide the horizontal bars out until the outside edge of each lateral pad is ½ inch away from the body. The pads will pull in next to the body when the strap is tightened.
- D. Remove orthosis from patient. Tighten the four Allen screws in the horizontal bars.

#### STEP 2: ADJUST VERTICAL BARS

- A. Loosen the four Allen screws on the vertical bars.
- B. With patient either sitting or lying on back place orthosis on chest and...
  - **Articulating Pectoral Model:** Slide vertical bars until the pectoral pads rest below the clavicle bone on soft tissue, or
  - **Sternal Pad Model:** Slide vertical bar until top of the sternal pad is positioned slightly inferior to the sternal notch
- C. The bottom of the pubic pad should be three finger widths (2") superior to the pubis.
- D. Remove orthosis from patient. Tighten all the button-head screws with the Allen wrench.

#### STEP 3: STRAP & PAD ADJUSTMENTS

- A. The posterior pad comes assembled in a horizontal position. Reorient in a vertical position if desired.
- B. Center the posterior pad onto patient with foam towards patient.
- C. Adjust strap length to patient and cut off excess.
- D. Press hook into pile fabric to secure strap.

#### CHECK THE FITTING & TEACH THE PATIENT TO APPLY

- A. Check for patient comfort while patient is sitting and standing:
  - The sternal pad should not be tight on the throat.
  - The pectoral pads should rest below the clavicle bone on soft tissue.

#### CARE OF THE ORTHOSIS

- It is recommended that a snug fitting undershirt be worn between the skin and the orthosis.
- The foam pads can be washed by hand with mild soap and water and towel dried. Do not use heat to dry or place near any heating device.

#### CAUTIONS WITH THE CASH BRACE

- **DO NOT** for any reason loosen the screws and re-adjust the orthosis! If it feels too long when you sit down, shift the orthosis downward to relieve neck discomfort.
- Keep orthosis away from excessive heat (radiators, stove tops, etc.) The CASH brace will withstand body heat or direct sunlight, but may lose its shape if in prolonged contact with temperatures greater than 210° F.
- Ensure hooks are engaged into pile fabric. If exposed, they can snag clothing.

#### ANY QUESTIONS OR PROBLEMS

- For any physical problems, call your prescribing physician.
- Call your fitting specialist for any problems associated with the orthosis.





## QUESTIONS

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Trulife has appointed Medical Device Safety Service (MDSS) of Hannover, Germany to act as our EU authorized representative. They may be contacted at:

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Trulife warrants that the PRODUCT will be free from defects in material and workmanship from the date of installation for the warranty period stated on the PRODUCT warranty card.

This warranty will not apply if the PRODUCT has been damaged by misuse, abuse, neglect, improper care, failure to follow instructions, abnormal wear and tear, or in the event that the PRODUCT has been modified/repared by persons unauthorized by Trulife.

If a defect in material or workmanship is found during the warranty period, Trulife will, at Trulife's option, either repair or replace the product. If it is not possible to repair or replace the product, Trulife will be limited to refunding the purchase price.

Trulife will not be liable under any legal theory for any direct, indirect, special, incidental or consequential damages arising from the use of or inability to use this product.

The application guidelines for this Trulife product are for the use of and by a certified, qualified practitioner only. Patients are not to attempt to apply or adjust the item unless expressly instructed to do so by the practitioner responsible for the prescription and/or initial fitting of the device. All patient questions should be referred to the practitioner and not to the manufacturer. The manufacturer warrants only that the enclosed product has been inspected for quality and can be effective for certain indications, but final decisions and ongoing monitoring must be made by the medical professional(s) prescribing and/or fitting the device to determine its effectiveness for an individual patient. Patient compliance is an integral part of the entire protocol and must be adhered to in order to avoid potential problems and to maximize the effectiveness of the prescribed product.

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